

My Thirty-First Year discussion questions

- Why do you think the novel opens with Zoe's abortion?
- How does Zoe's religion relate to this period in her life?
 - Do you recognize any other ways/places spirituality fits into the story?
- Which of society's messages to women do you recognize in the book?
 - It may be fruitful to brainstorm and then discuss the themes that resonate most.
- In what ways does each man Zoe dates drive the story, and Zoe, forward? (Drink Card Tyler, The Rabbi, Irish, The Dad)
- What do you think the author wants to communicate to women in their 20s?
 - And 30s, 40s, 50s...?
- Which of the many feelings in the story most resonated with you? Why?
- Why do you think Zoe beat herself up so much?
- What role does Zoe's U2 diary play in the novel?

